



Contact:

Pauline Brion
General Manager
775-851-8300
pbrion@courtyardreno.com

Courtyard By Marriott Reno unveils new UpLift Fitness Hub

Largest hotel fitness center in Reno now offering Technogym & TRX equipment, Peloton bikes

Reno, Nevada (April 20, 2023) – The [Courtyard by Marriott Reno](#) is thrilled to announce that it has completed a comprehensive transformation of its former fitness areas. Owned & managed by Virginia’s [Sandpiper Hospitality](#), the iconic hotel is now home to a \$250,000 leading-edge, 1,400 square foot **UpLift Fitness Hub**.

UpLift features a wide assortment of strength-training and cardio equipment, plenty of stretching space, two Peloton bikes, a variety of treadmills, free weights, and a wide arrange of additional equipment from Technogym. Other progressive equipment includes a TRX suspension machine and the Technogym Skill Mill, which uses your bodyweight as opposed to any mechanical assistance.

“We heard loud and clear from our guests that they desired to maintain their healthy lifestyles while traveling on the road. This was the catalyst for the commitment to a total transformation of our recreational space,” said General Manager Pauline Brion. “UpLift is a game changer for us and our guests. It provides them with an incredible lifestyle experience that they cannot find at any other hotel in Reno and in very few hotels across the country.”

“Technogym has earned a reputation in the world of sport for the exceptional quality, innovative technology and performance of its equipment,” said Sean Cronan, business development for Technogym. “Over the years, many of the world’s leading teams and athletes have chosen Technogym equipment to improve their performance, undertake injury prevention and for rehabilitation purposes. We are excited for the Courtyard’s guests to bring out their athletic selves at UpLift.”

Courtyard by Marriott Reno is pleased to invite hotel guests, local business partners and the community to attend an Opening Reception for the UpLift Fitness Hub on Thursday, May 4th from 4 p.m. – 6 p.m. No RSVP is required.

The Courtyard by Marriott Reno offers an exceptional location and modern hotel amenities that blend comfort & convenience. The hotel’s 117 well-appointed rooms offer ergonomic workstations, large 55” Smart TVs and plush Marriott bedding. Other hotel amenities include free Wi-Fi, complimentary parking & EV charging, and

on-site restaurant The Bistro. For more information, please visit www.marriott.com/en-us/hotels/rnocy-courtyard-reno.

About Sandpiper Hospitality

The Courtyard by Marriott Reno is owned and managed by Sandpiper Hospitality, a high-performance hotel management firm. With 65 hotels open or under management for a diverse group of clients across the country, Sandpiper Hospitality is on the leading edge of the hospitality industry. Hotel Business ranked Sandpiper Hospitality as a Top 50 Management Company in its 2022 Green Book and for the second year in a row, ranked it as one of the fastest growing companies in hospitality management. The firm has earned its position as the leading operator in the extended stay hotel segment of hospitality by virtue of superior returns on investment for its investors and clients. Sandpiper Hospitality – where expertise grounds us and flexibility elevates us. www.sandpiperhospitality.com